

# COVID-19 INDUSTRY WIDE HEALTH DIRECTIONS

**The BC Government and BC Centre for Disease Control are recommending against all non-essential travel outside of Canada, including to the United States.**

**The provincial and federal governments have stated that anyone who has traveled outside of Canada must self-isolate for 14 days upon their return. According to the Order of the Provincial Health Officer, this now applies to all employees who have traveled outside of Canada on March 12th or later.**

**Please note, this updates the Federal guidance that previously recommended self-isolation if travellers arrived on March 13th or later. A person who travelled outside Canada and returned on or after March 12, 2020, or who has travelled outside Canada on or after March 12, 2020 and has returned, is at risk of having been or having likely been infected with COVID-19.**

Canadians are also being advised to avoid all cruise ship travel due to the ongoing COVID-19 outbreak.

Canada has active COVID-19 travel advisories for: China, France, Germany, Hong Kong, Iran, Italy, Japan, Singapore, South Korea, Spain.

**In addition, if you return from Italy, Iran, or Hubei province (China) you will be asked to contact the public health authority in the province or territory where you live or are staying within 24 hours of arriving in Canada and to provide your contact information.**

If you have been to areas, particularly where we know there has been transmission of COVID-19, then call your health care provider, call 8-1-1, call public health.

## **Upon return to Canada:**

- Self-isolate for 14 days after your return from travel outside of Canada.
- Monitor your health for **fever, cough or difficulty breathing.**
- Wash your hands often for 20 seconds and cover your mouth and nose with your arm when coughing or sneezing.

## **If you develop a fever, cough or difficulty breathing within 14 days:**

- Continue to isolate yourself from others
- Immediately call a health care professional or public health authority and:
  - describe your symptoms and travel history
  - follow their instructions carefully

**If the following criteria apply to you, you need to quarantine or isolate, which means you cannot report to work or make yourself available:**

- Employees who have been diagnosed with COVID-19;
- Employees who have symptoms of COVID-19;
- Employees who are living or in an intimate relationship with someone who has COVID-19;
- Employees who are caring for someone who has been diagnosed with COVID-19;
- Employees who have received a recommendation from a Canadian government agency, health authority, or public health official to isolate due to COVID-19 concerns.

**GOVERNMENT OF CANADA NOVEL COVID-19  
INFORMATION LINE: 1-833-784-4397**