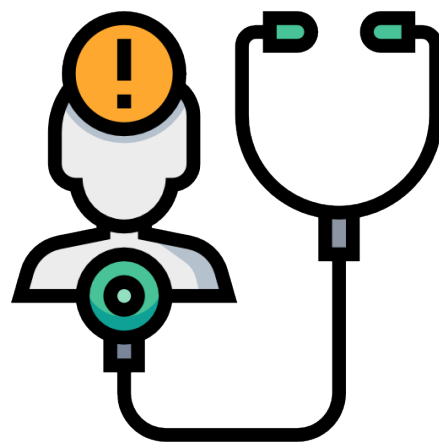
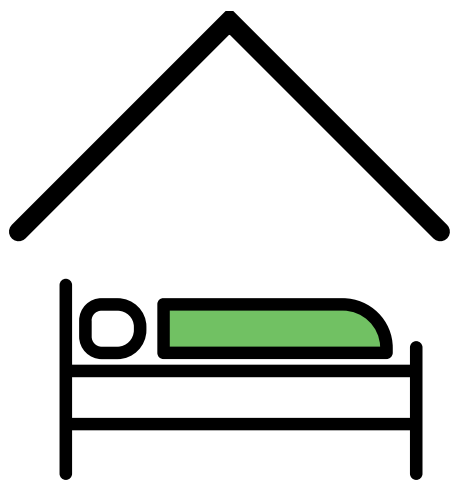


# WORKING TOGETHER: STOP THE SPREAD OF CORONAVIRUS!



## PROTECT YOURSELF AND OTHERS

- Wash your hands often with soap and water.
- Cover your nose and mouth with a tissue or sleeve when sneezing or coughing.
- Do not touch your face with unwashed hands.
- Do not shake hands. Instead, wave or elbow bump.
- Monitor your health more closely than usual for cold or flu symptoms.



## STAY HOME IF YOU'RE SICK!

- Stay home and connect with your primary care provider, local public health office or call 8-1-1 if you have symptoms like coughing, shortness of breath, fever, or sore throat.
- If you do not feel better in 24-48 hours, seek medical care!